










# UGEPLAN

UGE NR.: \_\_\_\_\_

DATO: \_\_\_\_\_

DAG	PLANER OG OPGAVER	PRIORITETER
MANDAG 	_____ _____ _____	<input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____
TIRSDAG 	_____ _____ _____	<input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____
ONSDAG 	_____ _____ _____	<input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____
TORS DAG 	_____ _____ _____	<input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____
FREDAG 	_____ _____ _____	<input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____
LØRDAG 	_____ _____ _____	<input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____
SØNDAG 	_____ _____ _____	<input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____

## UGENS MÅL



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## HUSK AT



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## INDKØBSLISTE



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## NOTER



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## UGEOPFØLGNING

Hvordan gik ugen?

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